

Daily Word

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Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

•

PRAYER FOR ILLUMINATION (11 a.m.): Christ lives in me! My mind is awakened, my vision is clear, and my way is plain.

•

PRAYER FOR PROSPERITY (12 noon): Christ works through me! He is my power to accomplish and my all-sufficient supply.

•

PRAYER FOR HEALING (9 p.m.): Christ lives in me! His presence harmonizes, vitalizes, and heals me.

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The Stirring in the Stone

JAMES DILLET FREEMAN

ONE morning in my garden I asked God to bless every living thing. And God asked, "But what is not a living thing?"

First I thought of air, invisible, inert. But the air leapt into my mouth and became my living breath. The air became the red of my blood and in the secret furnace of my cells the air became the fire of life itself.

Then I thought of water, colorless, inert. But drinking the water, I thought, "What is this body that drank the water? Is it not itself mainly water? This water that I drank is now the essence of my blood and tissues. When, then, is water merely water and when is it water of life?"

Then I thought of earth, brown, inert. "Earth," I thought, "is not living," and I kicked at the clods under my feet. And lo, the clods under my feet turned green and put forth leaf and stem and flower and the grain ripened in the ear. I took the ear, ground it, made bread out of it, and ate the bread. And the bread became the very stuff of

myself, so that I could not separate that which was me and that which was earth. This which now was me had but a short time before been the clods of earth that I had kicked with my feet.

"Surely," I thought, "there is something that is not living." I thought of stones. But even with the thought I sensed the stirring in the stone, and I knew that the immovable, changeless stones were changing and moving, flowing no less than rivers, to become the living pith and bone of creatures yet unborn.

Oh, then I caught a vision of the world—not as dead and inert, but as living and alive!

Suddenly I saw that even the infinitesimal particles of which all things are formed—too small even to imagine, too small almost to conceive—are alive. I watched and I saw that they were dancing; I listened and I heard them singing.

I saw all the world of which I am part and I saw that it is life, nothing but life. Everything is alive and has the power of life. Things pass from one phase to another, from one form to another, but they are always alive. There is no line between living and not living. Both are aspects of life, as breathing in and breathing out are aspects of breath. There is only the breathing-in and the breathing-out again.

We move through a world of opposites, but the opposites are not the reality, they are only aspects of reality. They are only reality as seen from this viewpoint—or that. The reality is One, and it is Life.

I thought of some of the opposites—of night and day, of evil and good, of hate and love. I asked Night, "What is Day?" And the Night answered, "I am Day, only seen from the other side."

I thought of living and not living and I saw that life is not the opposite of death, as it is generally thought to be. Birth is the opposite of death. Is death then but the same door as birth, only seen from the other side?

Now we can see things only from where we stand. Can it be that we see only one side of all that is, as we see the moon?

Ah, if we could see life not from the viewpoint of the moment, but in the radiance of eternity!

We would see not night and day, but eternity; not yea and nay, but truth; not birth and death, but life; not good and evil, but God.

We are the namers and we give names to all things and try to describe them.

But when is a rose a rose?

When it is a seed? when it is a new plant green

with spring? when it is a heart-shaped bud?
when it is a full-blown bloom? when it stands
thornsharp against the winter snow?

The universe is the rose of God.

The universe is not the fixed and finished work
of a Master Maker, who made it and the things
in it as a watchmaker makes a watch. The uni-
verse is a living organism, unfolding from within,
creatively expressing the creative Spirit of
God, from the smallest particle to the largest
galaxy continually breathing, growing, expand-
ing through space and time and mind and spirit,
with no end or limit to the possibility of develop-
ment.

And I too am the rose of God.

When was I, am I, shall I be?

Of this that is my body now, how much was my
body a year ago? Of the stuff that was my body
twenty years ago, does a single atom remain the
same?

As to my mind, nebulous, delicate, subtle,
dancing with thoughts, how shall I make my
thoughts stand still long enough for me to say,
"*This is my mind*"? This very thought has altered
the configuration.

Now from the viewpoint of the moment, I see
my existence as an isolated fragment, beginning,
ending; but could I look from the fixed center of

being and take in the whole reach of reality, I would see that what seems to be a broken arc is really the perfect circle of eternity.

Is this what the Lord of living saw when He hung upon the mount? From that anguished, ultimate peak of experience, did He see things not one-sidedly but whole? Did He look past endings and beginnings, past every appearance of separateness, clear to the Animating Principle, and did He see that the Animating Principle was Himself?

And we, when we see things whole, shall we too not share the wholeness?

O living air, earth, water, breath, blood, flesh, O metamorphosing rocks, there is no beginning and ending, there is no living and not living. There is only the ever-renewing, ever-unfolding expression of infinite life.

Walking in my garden, I asked God to bless every living thing.

Even as I asked I knew that in all the world there was not one atom that did not leap up in acknowledgment.

CAST THY BREAD UPON THE WATERS

" . . . life summons us to become the patrons of life."—*Liebman.*

Morning of Life

SUE SIKKING

WE ARE all seeking to find something on Easter morning. Those who wend their way to the Garden of the tomb in Jerusalem think they are going to find something in the place where Jesus lay; they believe that if they can go in the tomb or perhaps touch it they will be transformed, or healed, or have some great miracle happen to them. Easter morning has a magic about it, even though there are long corridors of time between the first Easter morning and today.

Let us go back to the first Easter and walk along with the women from Galilee who were going to the tomb of Jesus. It was early morning, before it was yet light. There is something about early morning; there is a feel to a day that is not yet born. These women were going to the tomb and were walking on the narrow streets of Jerusalem. The women were carrying with them spices which they had prepared to anoint the body of Jesus. As they reached the tomb they asked, "Who shall roll us away the stone? . . . and looking up, they see that the stone is rolled back."

All of us can learn a beautiful lesson from this

visit to the tomb. When there lies before us a stone, a barrier, or a problem so great that it closes off our good and even if we say to ourselves, "Who can roll it away?" let us look up. The Spirit of God can always roll away the stone and can remedy every unfavorable condition.

When the women reached the tomb on the first Easter morning, the stone had been rolled away. "And they entered in, and found not the body of the Lord Jesus."

Later, while Mary was weeping at the tomb, two angels said to her, "Why weepest thou?" And when she turned and saw Jesus, He said to her, "Why weepest thou? whom seekest thou?" These are the questions that are in all our hearts today. Why are we weeping? What are we seeking? On Easter morning we seek to renew our souls. What we are seeking is that which was in Jesus' heart and mind. Jesus knew that God was in Him, and it was this knowledge that God was in Him that made the empty tomb possible. God's presence was something that Jesus had been conscious of and alive to every moment of His existence. This Presence is in each one of us. Jesus was cut off from all human help but He could not be cut off from His Father, for His Father was in the midst of Him. And the followers of Jesus spread the news that Jesus was alive after His resurrection.

Jesus said, "Because I live, ye shall live also." This promise is for each of us.

Christ was alive that first Easter morning and He is still alive. He will be alive forevermore. If we are to follow Jesus Christ we must be aware that God is in us. We must realize this indwelling Presence every day of our lives. We must know that God is in us, through us, with us and that He cannot fail. We are all seeking to find and keep continually an awareness of the only power that can do all things through us, a power that is in each one of us. The Christ is a living power, a power in you and a power in me. Jesus said, "He that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do." The God-power is within us; the only thing we have to do is to believe. Believing sets God-power in motion. Believing brings us into the kingdom of God. Believing quickens our eyes so that they might see. Believing illuminates our every step so that it is taken in the right direction. Believing makes us sensitive to the good, the beautiful, and the true.

Easter is the proof of Jesus' oneness with God. Every man may follow Jesus; every man may have his Easter morning; every man can use the God-power within himself and be victorious every step of the way.



Dear Friends --

The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From Virginia:

May I make a comment of gratitude for the lovely prayer:

*"The light of God surrounds me;
The love of God infolds me;
The power of God protects me;
The presence of God watches over me.
Wherever I am, God is."*

While I was reading this prayer, it held such

great meaning for me that I knew I should use it daily for my friends, relatives, and myself. When I read that you in Silent Unity use it "every day as a blessing for all people everywhere" I decided that I should be as generous as you, so I shall say this all-encompassing prayer every day for all people.

From California:

Another instance of the proof of prayer.

My heart was heavy; my mind was troubled. For weeks my brother had lain in a desperate condition with a basal skull fracture, a jaw fracture, and paralyzed throat muscles. He had been unconscious most of this time. With three small children and another on the way and as the only remaining son of my parents, he needed help. Where to turn? How to go about it? One day, in the midst of drying dishes, I found myself walking into the living room with a towel still in my hand. I sank into a chair, reached for a **DAILY WORD**, and opened it. It was the June issue and it fell open to page 10 where I read two letters from people who had called on Silent Unity. I had never heard of Silent Unity. I must confess I had read my **DAILY WORD** intermittently. I had prayed—but was I praying right? What did I know about prayer? Would Silent Unity's prayers help?

It was worth a try. I called Silent Unity. What a beautiful, calm, loving voice answered! How relaxed and free I felt after I had unburdened myself! How reassured I felt! And it worked. Almost from that self-same moment my brother's improvement has been termed miraculous. I know his recovery will be complete.

From Pennsylvania:

I am constantly amazed at the truths expounded in this fine, little book, DAILY WORD, because those are the very things we were taught by our mother in childhood. She was a farmer's wife and a farmer's daughter, with not more than an elementary eighth grade formal education; but she was a fine Christian woman, whose mother was one of the "plain people" from Lancaster County, Pennsylvania. It is indeed wonderful to find in words my mother's homespun teachings and philosophy of life and living. Yes, I am Pennsylvania Dutch. My husband is Italian, an immigrant. It is noteworthy to mention that his mother's teachings brought here from a peasant village, in the central part of Italy differs only here and there from your teachings, even though she was reared in Catholicism. So, God's message, no matter how or where given, is universal, as we all agree.

PEACE, BE STILL.

MANY of you good friends come to us in Silent Unity with requests for prayers that you may find inner peace, poise, and calmness or you ask us to pray that some loved one will find peace, poise, and calmness.

When Jesus awakened in the boat on the Sea of Galilee in a great storm He said to the wind and the waves, "Peace, be still."

Practically everything that Jesus voiced was symbolical of what we can apply to our own lives.

When storms brew in our own consciousness, and we are not aware as to why they arise; we can proclaim, "Peace, be still." Jesus "rebuked the wind . . . And the wind ceased and there was a great calm"; so the fears and tensions of mind and body can also be calmed.

Then our consciousness will be able to accept that wonderful peace that Jesus spoke of when He said, "Peace I leave with you; my peace I give unto you." Be open and receptive to these thoughts, and your body will respond easily and quickly to the words of Jesus.

* *Peace, be still.—MARK 4:39.*

Wednesday

APRIL 2

I WALK IN FAITH. MY FAITH GROWS UNTIL IT KNOWS NO MEASURE.

FAITH IS the keystone of spiritual growth. I begin right where I am with the faith that I have. Even the tiniest spark of faith is enough to light a forward step for me in the direction of spiritual maturity.

In the silence of prayer I let go of everything but faith. I know that God is! Since I know this and hold fast to it, I am filled with the feeling of His presence. When I have steadfast faith I realize, each day a little more, His love, His wisdom, His grace, His strength, and His abundance.

I not only have faith during times of prayer but I also walk through the day with faith in my heart, in my mind—simple faith. God is, and all is well with me. As I live ever more completely by faith, how wondrously I am blessed! The very cells of my body express that faith and manifest their innate perfection. My mind mirrors faith; I see God in all places, in all people, and in all things. I walk in faith, and my faith grows until it knows no measure.

♦ *Now the just shall live by faith.*—HEB. 10:38 (A.V.).

Thursday

WITH GOOD COURAGE I SAY THE LORD IS MY
HELPER.

IF THERE is something that is troubling you, instead of pushing it back into a dark corner of your mind and ignoring it; bring it out into the open and pray about it. Make a positive evaluation of the situation and affirm that you have God's wisdom and love within you to help you to do whatever is needed by you to clear up the matter, to make things right.

Sometimes, in honestly and fearlessly facing a matter, we discover that it is trivial in content, and that our fears and worries are unfounded. We have to meet and overcome our inner feelings, rather than an actual problem. But sometimes there is a need for a decision or action on our part. Whatever is needed of us, we are able to do; God is with us to show us the way. Before we act, let us ask for light; let us open our minds and hearts to God's Spirit. We shall be able to meet each day with confidence; we shall be able to sleep each night in peace when we resolve the unresolved through prayer, when we face the issues of life confidently, and when we act with courage.

♦ *The Lord is my helper.—HEB. 13:6.*

IN CONTEMPLATION OF THE CHRIST I FIND SPIRITUAL QUICKENING AND UNFOLDMENT.

WHAT message does Good Friday hold for you and for me in this year of 1958? Perhaps we remember that Jesus said, "Father, forgive them; for they know not what they do." So today we find it easier to forgive and to put out of our minds what may seem unjust, unkind, or unloving. Perhaps, we remember that He promised, "Verily I say unto thee, Today shalt thou be with me in Paradise." Jesus indicated that, no matter what has gone before we are always and evermore with the Christ.

Perhaps we remember that Jesus said to the multitude of women who bewailed Him, "Weep not for me." Sorrow is not the way to overcome.

Perhaps, we remember that Jesus trusted God in spite of appearances. "Father, into thy hands I commend my spirit." How can we do less than trust our God and Father?

As we spend time in contemplation of the Christ we keep open minds and receptive hearts, and this day becomes a good and a rewarding day, which contributes to our spiritual growth.

♦ *The mind of the Spirit is life and peace.—ROM. 8:6.*

Saturday

GOD'S LOVE, EXPRESSED THROUGH ME, MAKES ME PATIENT, KIND, AND THOUGHTFUL.

HOW MANY people will I have an opportunity to help and to make happier today? When others look to me for a word of encouragement, I will be quick to respond. I will give them a cheery smile, a nod of approval, sincere praise, or a warm embrace, remembering that these expressions make glad the heart.

Is there someone who would appreciate a letter or someone who would enjoy a visit or a call on the telephone to let him know that I am interested in his well-being and that I love him?

As I pray I know God's love, expressed through me, makes me thoughtful of other people. His love makes me a blessing to persons who might be newcomers in my community or place of employment. Since I am sincerely interested I am unselfish with my time in helping these newcomers to feel accepted, welcome, and at home. The Father's love and understanding that I express will continue to make a chain of love that will link the lives of many.

♦ *As the Father hath loved me, I also have loved you.*
—JOHN 15:9.

Easter Morning

IWAKEN to the quiet hushed
Cathedral voice of sky and sea,
While morning glistens like a flushed
Great stained-glass window over me.
This is the earth's dawn of rebirth—
A world arising after sleep,
Awakening sight, awakening sound,
Sheen on the grass, and swallow sweep.
This is the resurrection of
The rose-gray leaf bud on the grape,
The iridescence on the dove—
The formless, taking form and shape.
See, where the sunrise paints its bloom,
There is no death, or ever was!
No victory of shadowed tomb—
Only a haze like golden gauze
Where morning blossoms at our gate,
And the last fog-wraith fades away.
Up soars the lark to celebrate
The risen Christ. And it is day!

—Elizabeth Landeweir.

• *I am the resurrection, and the life . . . whosoever liveth and believeth on me shall never die.*—JOHN 11:25.

Monday

I LISTEN, AND GOD'S GUIDANCE IS CLEAR TO MY INNER EAR.

TODAY as I pray I not only speak to God; I listen for Him to speak to me. In the closeness of communion with Him, my inner ear is quickened, and I hear the word of God. I know, with a wonderful feeling of security, what I need to do and I am led in the way that I should go.

As I cultivate the art of listening to God, His guidance is clear to me. As I go about my daily tasks, God guides, protects and strengthens me; I am no longer torn by indecision. Whenever a problem suddenly appears, I turn my attention within for just a moment and focus my attention on the one Source of wisdom. Then I receive a sure, sweet knowledge of the steps that must be taken.

What joy I have in listening for God's guidance! How my faith is strengthened as I follow God's guidance! I know then all things work together to bring forth good in my life and to shower blessings on me in overflowing measure.

♦ *Incline your ear, and come unto me; bear, and your soul shall live.—ISA. 55:3.*

Tuesday

I WILL NOT LET THEE GO, EXCEPT THOU BLESS ME.

JACOB, wrestling with the angel, said, "I will not let thee go, except thou bless me." When we are struggling with some problem or situation we often think that if we could just get away from it, all would be solved.

Rather, like Jacob, let us say to ourselves, "There is some good in this; there is some blessing for me in this," and persist until we find it. Sometimes the experiences in our lives that caused us to struggle the most have, indeed, blessed us the most. Let us not hesitate to look past appearances and to demand a blessing. When we call for the good, the good responds.

When a child is learning to read, his struggle with words may seem slow and difficult. But as he continues to read, the reward is there; the words on the page begin to have meaning for him and they speak to him and bless him.

In everything we do, the good is waiting to break through to us. If we know this and believe it we shall surely encourage the blessing to come.

♦ *I will not let thee go, except thou bless me.—GEN. 32:26.*

FOR ALL THE GOOD THAT IS WITHIN YOU, I PRAISE YOU AND PRAISE YOU AND PRAISE YOU.

ALL OF us have wished for a magic wand that we might wave over persons and situations to transform them.

But all the magic in the world is not as potent a transformer as praise. We know this, and yet often we withhold our praise for varying reasons. We may be afraid to praise another for fear that, somehow in praising him, we may belittle ourselves. We may be reluctant to praise the good we see in another because we can also see that which is not good. And yet we say longingly, "If only he would act differently, if only the situation would change!"

We are never in danger of losing any of the good that is rightfully ours by pouring out our praise on others. When we praise others and let generosity and love be expressed through us we enlarge our own spirit and our own capacity. We cannot stay little in soul or spirit when we look for and praise the good in everyone.

♦ *Whatsoever things are of good report . . . if there be any praise, think on these things.*—PHIL. 4:8.

I CAN DO ALL THINGS THROUGH CHRIST WHICH STRENGTHENETH ME.

I AM as free as I believe myself to be. There is no height I cannot attain if I believe that I can attain it through the power of the indwelling Christ. God has placed no limits on me. Rather, God has placed His Spirit within me. My potential is "ceiling unlimited." I can do all things through Christ in me.

There is no power anywhere, either within me or around me, that can keep me from attaining the heights I long to attain. There is no power anywhere that can confine me to a rut. The only boundaries that separate me from my good are my own beliefs that "I cannot," or "it is impossible." Nothing can keep me from my good except my own belief that I am fettered and bound—my belief alone is the culprit. So now I release this belief and in turn I am released.

Through faith and prayer I am free to widen my spiritual horizons and I declare with radiant optimism, "I can do all things through Christ which strengtheneth me."

♦ *According to your faith be it done unto you.*—MATT. 9:29.

I GIVE THANKS THAT ALL THE AFFAIRS OF MY LIFE ARE IN DIVINE ORDER.

IF IT seems to us that there is a great deal of unfinished business in our lives, instead of thinking of all that needs to be done, let us give thanks that all our affairs are in divine order. As we affirm divine order we will see new ways to do old jobs; we will feel a new surge of energy with which to perform our tasks; we will feel a new peace in our hearts and minds concerning the outcome of every situation.

If we have made plans that are not completed, let us give thanks now that all the affairs of our lives are in divine order. Let us give thanks for the right outworking of every plan and for the perfect completion of every detail.

If it seems to us that some situation in our lives is unfair or unjust, let us give thanks for divine order. Divine order means justice and rightness; it means balance and perfection; it means harmony and understanding. Let us give thanks that God's law of divine order is at work in us and in our lives now and all things are working together for good.

♦ *All things work together for good.—ROM. 8:28.*

Touch of Grace

D. J. MANN

By Your still waters we Your sheep,
Long, Lord, how much to go;
As silently as dreamless sleep
Or prayer Your waters flow.

O Christ, You are the secret place
That all men hope to find:
Your waters are the touch of grace,
Your pastures peace of mind.

And sometimes all of us are there
When suddenly we see
That we have fed in fields of prayer
And drunk of certainty.



Saturday

APRIL 12

I KNOW NO STRANGERS. I LIVE HARMONIOUSLY WITH ALL GOD'S CHILDREN.

THIS day I seek to find a point of agreement with all persons who come my way. I know that we are all one in spirit and I silently greet the Christ in each person and am filled with a sense of kinship with all people everywhere.

Perhaps, I may not wholly agree with the things they say or the things they do, but instead of emphasizing differences, I concentrate on the things wherein we are in accord. Though I may pride myself on being different in certain traits or talents I do not make an issue of these things; I stress instead the many things I have in common with others.

Perhaps, I find only one point of agreement; if so, I rejoice in this evidence of oneness. If I find no apparent tie with another person I still know that we share our heavenly Father, who leads and guides us all into the ways He would have us to go and who loves us all in equal measure. I know no strangers. I live harmoniously with all God's children.

♦ *For one is your teacher, and all ye are brethren.*
—MATT. 23:8.

I LIVE IN THE HEART OF GOD.

I LIVE in the heart of God. Here I dwell. In this quiet place I rest and listen. I am aware that I live, move, and have my being in the very heart of God. I am aware that only in my mind can I be separated from God. If in my thinking I forget that I am one with God, if in my being I cease to feel His presence; I still dwell in the very heart of God.

The truth of my being is that I am always one with Him who made me and sustains me, God, the good. I was born in the heart of God before the world began. His heart is my home. Wherever I go, I am still at home. God's heart is everywhere I go now and forever.

The truth of my being is that God has chosen to express through me the joy, the love, and the life that is in His heart. I live in the holy shrine, the secret place, the heart of God. In this awareness I am filled to overflowing with the power to use the gifts of joy, love, and life.

I live in the heart of God. In this quiet place I rest and listen.

♦ *In returning and rest shall ye be saved; in quietness and in confidence shall be your strength.*—ISA. 30:15.

Monday

APRIL 14

I DEVELOP AND USE NEW TALENTS AND FIND NEW SKILLS, NEW INTERESTS, AND NEW JOYS.

MOST of us have many more talents and abilities than we are using. Perfecting a new skill requires much patience and faithful practice, and we may be inclined to go on as we have been instead of making the effort and trying to develop new skills.

God's Spirit within us, however, is always urging us onward to discover and use our latent abilities. When we ignore this divine urge we are filled with vague unrest and discontent. We feel that we could make better use of God's gifts. If we heed this urge, however, and work to develop our talents we are rewarded with new achievements and inner satisfaction.

Discovering talents of which we were previously unaware is not unlike exploring new continents. As we develop and use these new talents we find new skills, new interests, new joys, and even new friends. When we follow the guidance of Spirit in developing and using our abilities, our whole concept of life expands to an ever-widening horizon.

♦ *Enter thou into the joy of thy lord.*—MATT. 25:21.

Tuesday

I TAKE A STRONG, POSITIVE STAND FOR LIFE AND HEALTH.

I AM immune to suggestions of illness or disease. Daily I use my power of denial to keep myself strong and healthy. I deny the power of disease. I deny the suggestion of susceptibility. I take a strong positive stand for life and health.

I praise the life of my body; I praise the Spirit of God in me, which is the source of my life and the strength of my being.

I do not expect negation for myself or others. I do not fear that some loved one will "catch something" or develop some unhappy, unhealthy condition. I contribute to the life idea by believing in it.

Every day I affirm life. I build in ideas of wholeness into my consciousness. And my body readily accepts the life ideas. Life is the will of God in me, and even the minutest cell knows this and works toward it.

I am immune to disease through the power of the Spirit in me. I am receptive only to life.

♦ *Casting down imaginations . . . and bringing every thought into captivity to the obedience of Christ.—II COR. 10:5.*

Wednesday

APRIL 16

GOD IS MY SUPPLY.

GOD IS my supply, and His Spirit of abundance anticipates and fills full to overflowing every need of my life.

There is no lack in God, no lack of any good thing. The fulfillment of my every righteous desire is His gracious pleasure. Whenever I lift my thought to Him and believe, He fills my cup to overflowing. He knows the ideas that are necessary for the performance of tasks before me and He inspires me with these ideas and the wisdom to apply them. He knows my need of strength to match each task and He supplies this strength in abundant measure.

For all the needs of my heart, God provides true satisfaction; for my physical requirements, He provides the perfect answers. I know on awakening each new day that God will unfailingly bring me all that I need for a rich and radiantly abundant life. I know that I shall never be in want of any kind, for the Lord is my shepherd; and my welfare and happiness is His infinite joy. In this knowledge I open myself to be a channel to receive and to give of His good.

♦ *God will provide.—GEN. 22:8.*

APRIL 17

Thursday

I AM NEITHER OLD NOR YOUNG. I AM SPIRIT.

IF WE think of our life in terms of a brief span of years, we are limited by the age idea. We may feel that we are either too old or too young to do the things we want to do to accomplish what we want to accomplish.

We need to step out of the thought of age and to remind ourselves that we are neither old nor young, that we are Spirit, ageless, deathless, eternal.

We live in the eternal present. Our ideal time of life is now, not yesterday or tomorrow. Our ideal self is not what we were or what we may hope to be. Now are we alive; now are we Spirit; now are we filled with God's life, energy, and power.

On our birthdays, instead of thinking in terms of years, let us think in terms of spiritual newness. Let us say to ourselves as a birthday blessing and a birthday affirmation; "I am neither old nor young. I am Spirit." And let us bless others with this idea. We do not want to limit ourselves; we do not want to limit others. We want to live in a spirit of newness and life, day after day.

♦ *It is the spirit that giveth life.—JOHN 6:63.*

I AM NOT BOUND OR LIMITED BY PAST MISTAKES. I AM AWARE OF GOD'S PRESENCE MAKING ALL THINGS RIGHT.

IF THERE are moments when I seem to have fallen short of high spiritual standards, I do not let this deter me from continuing to strive for perfection. I waste no time in self-recrimination. I turn quickly to God, the Father within, who loves me, forgives me, and sets me once more on the path of good He would have me follow.

Though it may appear that I have not fully accepted my opportunities for receiving blessings, I recall that with God it is never too late to begin anew. His lovingkindness awaits my acceptance.

As I place my trust in God, negative conditions, resulting from my mistaken actions, begin to change and all-powerful good pervades every phase of my life. I am aware of God's presence; He forgives that which needs to be forgiven, rights the wrongs, and sets things in order. I am free from anxiety; my mind is at rest, and I am led into right action.

*For with Jehovah there is lovingkindness,
And with him is plenteous redemption.*

—PSALMS 130:7.

LET THE WORDS OF MY MOUTH BE ACCEPTABLE IN THY SIGHT, O LORD.

I STAND guard at the door of my lips today and I allow no words to come forth that are not seasoned with graciousness. I speak only words that encourage, bless, and comfort. No matter how difficult a situation may seem to be, I keep my speech optimistic and radiantly hopeful.

I will not carry tales; if I cannot say something kind about another person then I will keep loving silence. When quick temper causes me to speak impulsively I will hold my tongue until the peace of God calms my soul.

As I guard my lips I know when to speak and when to be silent; I know when it is my turn to unburden my heart and when it is my turn to lend a compassionate ear.

"O Lord, speak through me and before I hold conversation with another, remind me to ask myself, 'Is it kind? Is it necessary? Is it helpful?' Let the words of my mouth be acceptable in Thy sight, let me sing and speak Thy praises, O Lord, from morning to night through every blessed day."

♦ *A gentle tongue is a tree of life.—PROV. 15:4.*

Sunday

APRIL 20

LET ME WALK WITH MY BROTHER IN PERFECT HARMONY.

I PRAY to walk with my brother in perfect harmony. My brother is someone who is related to me by birth or by marriage; my brother is my brother, because we share in the life of a certain community; my brother is my brother, because we are all children of the same Father-God.

As I walk with my brother in perfect harmony I feel our kinship and our oneness. I no longer seek to see or to point out differences. Our language, our color, and our race may all be different. What does this matter? What is important is that we are sharing life; and as we share life, it is our heart's desire to give and receive and to live in understanding.

There was a time when we felt separated from other countries, other people, but this is no longer true. It is easy now to feel that we walk with our brother, for we have removed the barriers of space and time. Now let us remove the last barrier, the barrier of misunderstanding, and walk in perfect harmony.

♦ *Let us put on the armor of light. Let us walk becomingly.*—ROM. 13:12, 13.

I AM NOT AFRAID. I GO TO MEET MY GOOD.

TODAY I am going to begin to take definite action about the things that I have wanted to do but that heretofore I have been afraid to try. I am going to launch out with my hand in God's hand and have complete trust in Him to give me the wisdom and the strength to do these things.

I put a seal on my lips, never dissipate my faith in idle talk, and proceed in quiet confidence with my God. I will not let doubts keep me from taking the first step toward accomplishment. I will not let the fears of others intimidate me. My trust is in the Spirit of God in me. Since I have a desire to do things that I have not done, God will provide the means whereby I am able to do them. I will experience His fearless, free Spirit.

I know I will succeed, for God is my strength. With His help I joyously and patiently persevere, no matter what challenges may arise. I know that His love sees me safely through to the glorious goal. With head up, shoulders back, and a smile on my face; I go forth to meet my good.

♦ *When thou goest forth . . . thou shalt not be afraid.*
—DEUT. 20:1.

I AM NOT ALONE, BECAUSE THE FATHER IS WITH ME.

GOOD-BY," we say as some loved one goes away. How often words of parting leave a feeling of emptiness and loneliness in the person who is leaving and in the person who is remaining at home.

It is natural for us to miss our loved ones. But think again about this word we last said: "good-by." Only a word, but it carries such a beautiful blessing! It is the blessing of God-by-you for the one who is leaving, and God-by-you for the one who is remaining at home. It blesses with the assurance that God is standing by the one who goes to meet his good, and God is standing by the one at home sustaining, loving, caring for him right where he is.

Whenever we feel alone because we are separated from a loved one let us turn to God in prayer: "Father, I know You are standing by me right here and now. I know You are blessing me, You are blessing my loved ones."

Whoever you are, wherever you may be, God is standing by you now. God-by-you! Good-by-you!

♦ *I am not alone.—JOHN 16:32.*

THE TRUE PURPOSE OF LIVING IS REVEALED
TO ME NOW, AND I LIVE LIFE FULLY.

HAVE you ever questioned, "Why was I born? What am I here for? What is my purpose?" Sometimes these questions arise when our lives appear barren and bleak; sometimes they arise when we are seeking to know and to understand ourselves. The answer comes, "To this end have I been born, and to this end am I come into the world, that I should bear witness unto the truth."

We bear witness to Truth by first respecting our minds, our bodies, and our spirits as God's creation and treating them as such. Next we go forward in faith as His intelligence within us directs us. We use the strength of our bodies and know our bodies are always renewed by His life. We share wisely and lovingly our substance realizing it is unlimited, and increases in doing good.

This is our purpose to "bear witness unto the truth" by being the most productive persons it is possible for us to be.

♦ *To this end have I been born, and to this end am I come into the world, that I should bear witness unto the truth.—JOHN 18:37.*

I AM CENTERED IN A STRONG THOUGHT, SENSE, AND FEELING OF LIFE.

PAUL said, "The last enemy that shall be abolished is death." When we are faced with the passing of a loved one, a friend, or a familiar public figure; we feel a wave of sadness. Rather than allowing this feeling of grief to overcome us, let us question our hearts, "How can I best help to abolish this last enemy?"

Our immediate answer may take many forms: service to loved ones, a note to those saddened, a thought of the welfare of the family. Perhaps we will be inspired to live a better life, because we have known and been inspired by the person who has passed on. But the ultimate answer is that we must become centered in a strong thought, sense, and feeling of life. No positive thought of life and no prayer of healing is ever in vain. It is important to remember this! Remembering, we are able to speak the word of life in the face of change and we add our faith to the faith that we will abolish this last enemy.

♦ *Christ Jesus, who abolished death, and brought life and immortality to light through the gospel.—II TIM. 1:10.*

Friday

I AM ENTHUSIASTIC IN ALL THAT I DO. I CONSTANTLY SEE THINGS IN A NEW LIGHT.

THIS IS a new day. My attitude toward this new day of new beginnings is one of zeal and enthusiasm. Gone are boredom, fatigue, worry, and anxiety. I see things in a new light. My tasks present themselves as opportunities for new service. A problem becomes a challenge for me. Whatever my hands find to do this day, I do with enthusiasm.

My zeal shall not flag with the passing hours. From time to time I will pause for a moment to renew my strength by quietly waiting on God. Whatever confronts me, I will confidently say, "I can do all things in him that strengtheneth me."

When the day draws to a close, I will not be weary. I will give thanks for God's sustaining strength and for that which has been accomplished. His "well done" felt in my heart will be my all-sufficient reward. My life remains radiant with the glow of spirit, and the promise is fulfilled in me: "At evening time there shall be light."

♦ *Never flag in zeal, be aglow with the Spirit, serve the Lord.*—ROM. 12:11 (RSV).

MUCH HAS BEEN GIVEN ME TO MEET THE REQUIREMENTS OF MY LIFE.

To whomsoever much is given, of him shall much be required." Do you feel that more is required of you than you are able to give? This is not true. Much has been given you, for you are the creation of the Lord God. His Spirit lives and breathes through you. His wisdom, power, and love are great within you.

There is no situation in which you may find yourself that you are not equipped to meet. Much has been given you. Remember this and be thankful for the situations, the persons, and the experiences that challenge you to give more, to express more, and to be a larger person in thought and action than you have been before.

Much has been given to every one of us. We only partly use the potential greatness that is within us. We have only begun to explore the realms of Truth that are open before us. We have barely touched on the capacity for love that lies within our hearts. Much is required of us for much has been given to us.

♦ *To whomsoever much is given, of him shall much be required.—LUKE 12:48.*

Sunday

THIS IS THE DAY WHICH THE LORD HATH MADE; WE WILL REJOICE AND BE GLAD IN IT.

SOME mornings it is easy to feel that today actually is the day which the Lord hath made, and it is a simple matter to rejoice and be glad in it. Other mornings the natural world is so unlike what we think of as "the day which the Lord hath made" we need to put forth an effort to rejoice and be glad.

These mornings provide us an opportunity to let our inner light shine so brightly that no matter what the weather we have a cheerful, joyous, welcoming attitude toward the day. Our true desire is for order in weather conditions, rain when and where it is needed, dry weather if that is for the best. The adjustment to weather is made inside man, not outside. As we are pliable, patient, and agreeable, and as we stand fast in the faith that we are divinely protected during all types of weather, we are able to accept each day as the day which the Lord hath made. We can rejoice and be glad in this day and we can add our blessing to this day.

♦ *This is the day which the LORD hath made; we will rejoice and be glad in it.*—PSALMS 118:24 (A.V.).

Monday

APRIL 28

PREPARATION IS THE KEYNOTE FOR TODAY.
I PREPARE FOR HEALTH, PROSPERITY, AND
HAPPINESS.

IF THERE is a need for healing, I make preparation for health. I prepare my mind by keeping a watch over my thoughts so that they may always be of life, wholeness, and perfection. I prepare my body by giving it the best, the wisest, and the most loving care that I am able to give it. I prepare to be healthy and I am healthy.

If there is a need for prosperity, I make preparation for prosperity. I prepare my mind by allowing only thoughts of plenty, success, order, and service to enter it. I prepare my affairs by following through on all the good and constructive ideas that come to me through prayer. I prepare to be prosperous and I am prosperous.

If there is a need for happiness, I make preparation for happiness. I prepare my mind by keeping in tune with God-Mind; I realize that I must love to be loved, must appreciate others to gain appreciation and must be friendly. I prepare my life for happiness by giving happiness.

♦ *I will therefore make preparation for it.—I CHRON. 22:5.*

I CHOOSE MY WORDS THOUGHTFULLY AND SPEAK THEM LOVINGLY.

WHEN we speak of another person's interests, accomplishments, nationality, or religion; it is not necessary to belittle him in order to give our own interests, accomplishments, nationality, or religion importance. Sometimes through thoughtlessness, we turn the light of our sense of humor on another person, his ways and his beliefs. If we are tempted to belittle or to make fun of another person or a group of persons, let us remember that the thoughtful word and the loving response insure respect and friendship.

Persons who listen to our words and consider our viewpoint may momentarily be interested and amused, but they quickly realize that our attitude is not a good one and that it does not promote right relations.

It is never too difficult to speak an encouraging word or to take a broad view that accepts each person as he is, for what he is, God's child who is trying to do his best.

♦ *Let us choose for us that which is right.—JOB 34:4.*

Wednesday

APRIL 30

I AM A PERFECT CHILD OF GOD, PERFECT IN MIND AND PERFECT IN EXPRESSION.

THE MIND of man, like his body, is intended to be perfect. But many of us place limitations on the healing of man's mind. We become intimidated by the name attached to certain conditions; we hesitate to encourage the belief that such conditions can be overcome through prayer. Actually with God all healing is possible. And since God-Mind is the one mind, the mind shared by all men, why does it seem impossible for us to become conscious of this mind and let it express and function through us?

If there is someone near you who needs to give free expression to the God-Mind or if there is someone you know who has a need for mental healing, let your prayer be: "You are the perfect child of God, perfect in mind and perfect in expression." Do not hesitate to lend the substance and the power of your prayers to bring about the complete expression of a man's perfect mind. Know that as God's life fills the body, God's light restores the mind. Man is meant to be whole, mind, body and soul.

♦ *Be ye therefore of sound mind.—I PET. 4:7.*

Give Unity Records for Easter Gifts

Come Ye Apart Awhile—This new record of May Rowland's beloved relaxation drill makes a very special Easter gift. As an article it was one of the most popular that ever appeared in DAILY WORD magazine. And when the record was announced last Christmas, so many persons ordered it that our stock was depleted and we were forced to rush through a second order. In unbreakable Vinylite, this long-play record is the ten-inch size, plays at $33\frac{1}{3}$ rpm, and is priced at \$3.

Consecration of the Room record—On one side *The Prayer of Faith* is repeated by Myrtle Fillmore, and on the other Charles Fillmore gives a blessing based on "The Consecration of the Room." (A re-recording from a record made thirty years ago.) Unbreakable Vinylite, 78 rpm, 10-inch size. Price, \$1.50.

Lord's Prayer record—Charles Fillmore's recording of "The Lord's Prayer" is on one side, while the reverse features an organ solo of the "Unity Viewpoint" theme song "God Bless You Everyone." Unbreakable Vinylite, 78 rpm, 10-inch size. \$1.50.

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GIVE EASTER HAPPINESS TO A CHILD

WEE WISDOM, Unity's bright and colorful monthly magazine for children is a gift sure to delight any child on Easter morning. The April number of the magazine will contain an Easter story and many special Easter features. It will also present the first chapter of an exciting new serial—"Picture of Grenadier," by Jane Lyon.



This serial tells of a great chestnut steeple-chase horse and of the young boy who loved him. Children will be fascinated by this swift-moving story, and they will learn valuable Truth ideas through the actions of its characters. *Wee Wisdom* is priced at only \$2 for a full year. Be sure to ask that the subscriptions you order begin with the special Easter number.

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My Daffodils

ROWENA CHENEY

My daffodils are lovely—
A day-by-day delight!
They face the east with morning,
The west with coming night.

Their wordless voices whisper
What earth is echoing:
A golden chorus, chanting
The harmonies of spring.

And my own heart assures me—
Where daffodils are found,
They blossom to remind us
We walk on hallowed ground.

